

# Triplet rhythms - Part 1

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Standard tuning

$\text{♩} = 120$

Example 1 - Basic Triplet scale exercises to strengthen the feel of 8th note subdivision

E-Gt

*mf*

T  
A  
B

Example 2 - II V I lick with triplets

Fm7                      B $\flat$  7alt                      E $\flat$  maj7

*mf*

T  
A  
B

Example 3 - Rhythm no 1

Fm7                      B $\flat$  7                      E $\flat$  maj7

*mf*

T  
A  
B

Example 4 - II V I with rhythm no 1

Fm7                      B $\flat$  7                      E $\flat$  maj7

*mf*

T  
A  
B

Example 5 - rhythm no 2

Chords: Fm7, Bb7, Ebmaj7

17

T  
A  
B

Example 6 - II V I with rhythm no 2

Chords: Fm7, Bb7, Ebmaj7

21

T  
A  
B