

5 Exercises That Will Boost Your Technique And Pr...

Jens Larsen

Standard tuning

♩ = 120

Exercise 1a

Cmaj7 **Dm7** **Em7** **Fmaj7** **G7** **Am7** **B^o** **Cmaj7**

□ V □ V □ V □ V

T 5 6 7 8 9 10 11 12 13 14 15 16 17
 A 4 5 7 8 9 10 12 13 14 15 16 17
 B 3 5 7 8 10 12 14 15 17

Exercise 1b

B^b7 **Cm7** **D^o** **E^bmaj7** **Fm7** **Gm7** **A^bmaj7** **B^b7**

T 3 4 5 6 7 8 9 10 11 12 13 14 15
 A 1 3 5 6 7 8 10 11 12 13 14 15
 B 1 3 5 6 8 10 11 13 15

Exercise 1c

B7 **Cmaj7** **D[#]dim** **Em(maj7)** **F[#]o** **Gmaj7(#5)** **Am7** **B7**

T 4 5 8 9 10 11 12 13 14 15 16
 A 2 4 5 8 9 10 11 12 13 14 15 16
 B 2 4 5 7 9 10 12 13 14 16

T
 A
 B

Example - Shell voicing lick

Cmaj7

Musical notation for Example - Shell voicing lick. It consists of a treble clef staff with a melodic line and a guitar tablature staff below it. The melodic line starts on a whole note C5, followed by quarter notes D5, E5, F5, G5, A5, B5, and ends with a whole note C5. The tablature shows the following fret numbers: 10, 8, 9, 12, 9, 10, 12, 10, 12.

Exercise 2a

Exercise 2a includes guitar chord diagrams for F, G, Am, Bdim, C, Dm, Em, and F. The diagrams show fingerings: F (1, 2, 3, 4), G (2, 3, 4), Am (1, 2, 3, 4), Bdim (1, 2, 3, 4), C (1, 2, 3, 4), Dm (1, 2, 3, 4), Em (1, 2, 3, 4), and F (1, 2, 3, 4). The musical notation features a treble clef staff with a melodic line and a guitar tablature staff. The melodic line starts on a whole note C5, followed by quarter notes D5, E5, F5, G5, A5, B5, and ends with a whole note C5. The tablature shows the following fret numbers: 1, 2, 3, 4, 5, 5, 7, 7, 9, 8, 9, 10, 10, 12, 12, 13, 14, 15.

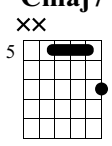
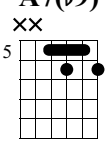
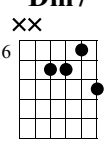
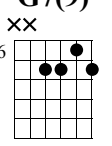
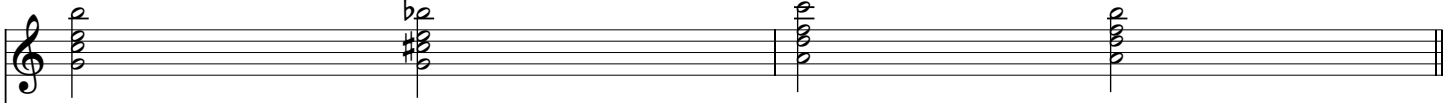
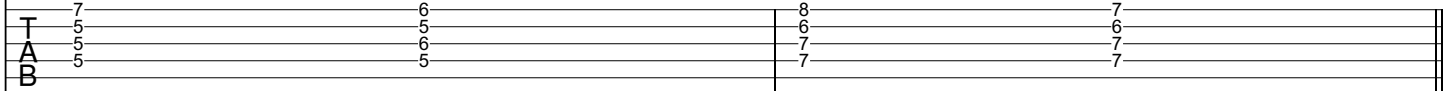
Exercise 2b

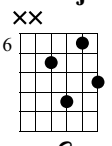
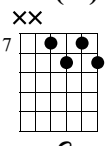
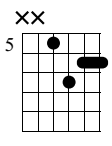
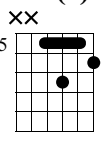
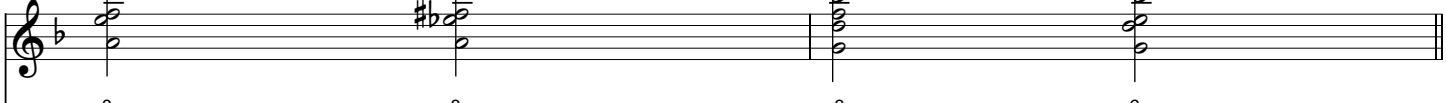

Exercise 2b includes guitar chord diagrams for F#dim, Gm, Am, B#aug, C, D, Edim, and F3dim. The diagrams show fingerings: F#dim (1, 2, 3, 4), Gm (1, 2, 3, 4), Am (1, 2, 3, 4), B#aug (1, 2, 3, 4), C (1, 2, 3, 4), D (1, 2, 3, 4), Edim (1, 2, 3, 4), and F3dim (1, 2, 3, 4). The musical notation features a treble clef staff with a melodic line and a guitar tablature staff. The melodic line starts on a whole note C5, followed by quarter notes D5, E5, F5, G5, A5, B5, and ends with a whole note C5. The tablature shows the following fret numbers: 1, 2, 3, 3, 5, 5, 7, 7, 8, 9, 10, 11, 11, 12, 12, 13, 14, 16.

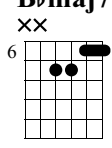
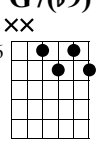
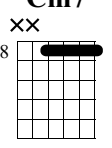
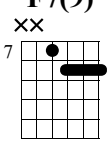
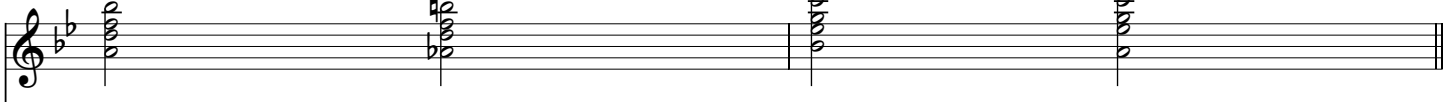
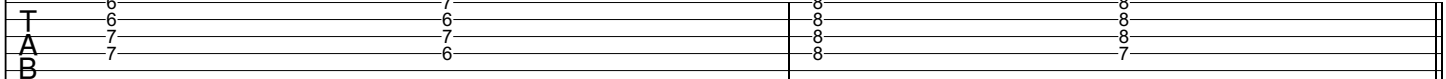
Continuation of Exercise 2b. It includes a guitar chord diagram for F (1, 2, 3, 4). The musical notation features a treble clef staff with a melodic line and a guitar tablature staff. The melodic line starts on a whole note C5, followed by quarter notes D5, E5, and ends with a whole note C5. The tablature shows the following fret numbers: 1, 2, 3.

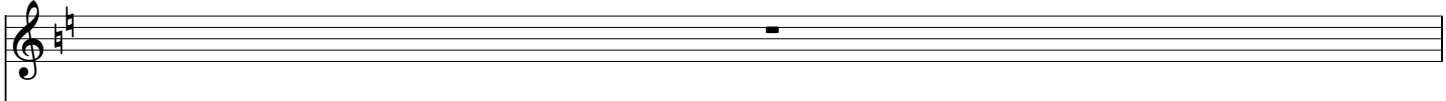
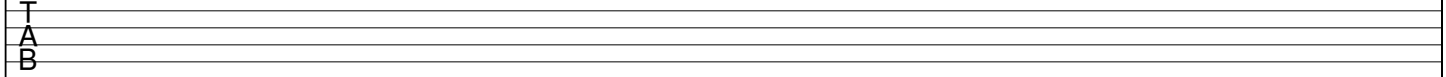
Empty musical notation for Exercise 2b continuation, consisting of a treble clef staff and a guitar tablature staff.

Exercise 3

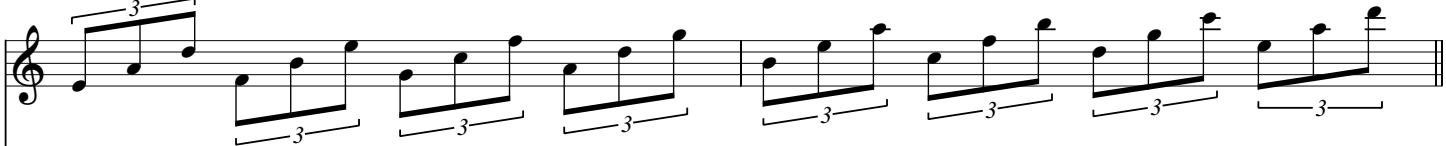
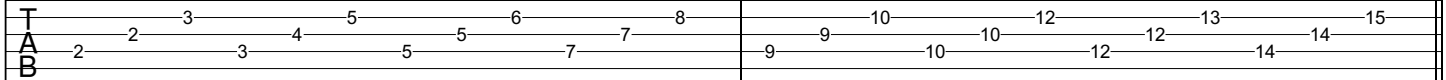
<p>Cmaj7</p> 	<p>A7(b9)</p> 	<p>Dm7</p> 	<p>G7(9)</p> 
			
			

<p>Fmaj7</p> 	<p>D7(b9)</p> 	<p>Gm7</p> 	<p>C7(9)</p> 
			
			

<p>Bbmaj7</p> 	<p>G7(b9)</p> 	<p>Cm7</p> 	<p>F7(9)</p> 
			
			

Exercise 4 - Seeing Quartal Arpeggios in C major

Exercise 5 - Arpeggios from the 3rd on a song in one position

E \emptyset **A7(b9)** **Cm7** **F7**

T
A
B

Fm7 **Bb7** **Ebmaj7** **A \flat 7**

T
A
B

T
A
B