

A Better Focus For Alternate Picking

Getting The Exercises Right
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Standard tuning

♩ = 120

II VI lick

Dm7

G7(b9)

Cmaj7

T
A
B

Exercise #1a - Diatonic 3rds

T
A
B

Exercise #1b - Diatonic Triads

C Dm Em F G Am Bdim C Dm Em F G

T
A
B

Exercise 2 - Drop2 Voicing Arpeggios

Am7 Cmaj7 Em7 Gmaj7 Bm7 Gmaj7 Em7 Cmaj7

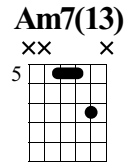
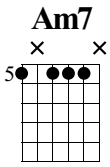
T
A
B

Exercise 3 - Exercise 2 backwards

Bm7 Gmaj7 Em7 Cmaj7 Am7 Cmaj7 Em7 Gmaj7

T
A
B

Am7 Lick with Cmaj7 drop2 voicing arpeggio



Exercise 3a - Difficult

Exercise 3b - Difficult (but more)